



MENU OF SERVICES

WELCOME

The Ponte Vedra Inn & Club pioneered north Florida's spa trend with the opening of the region's first spa in 1987. Many accolades have followed since, including recognition and praise in such publications as the Forbes Travel Guide, In-Style, Condé Nast Traveler, Best Spas USA, the Palm Beach Post and the Zagat Guide.

Both classic and chic, the Spa is a seductively beautiful environment that combines peaceful surroundings and ultra-modern facilities with an impressive selection of more than 100 beauty and pampering services. The sense-arousing delights featured here are certain to soothe both mind and body while layers of tension and stress melt away.

If you wish to schedule an appointment or desire additional information on the Spa and the services offered, please call (904) 273-7700. Our staff of knowledgeable professionals at the Spa Reservations Desk will gladly describe our many services and recommend the ones best suited to your needs and preferences. We also invite you to visit our website at www.pvspa.com to learn more.

RELAX • REJUVENATE • RENEW



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GENERAL INFORMATION

SPA RESERVATIONS

Please contact us at (904) 273-7700. A 50% deposit is required at time of booking in order to reserve your appointment. Deposits will be applied to your spa day. Due to demand, we strongly encourage guests to book their reservations well in advance. You may purchase gift cards online by visiting www.pvspa.com. Prices, hours and services are subject to change.

CANCELLATION & RESCHEDULING POLICY

If you need to cancel or reschedule your spa appointment, you must do so by 2pm the day before your scheduled service. If you do not cancel or reschedule by 2pm and the Spa is unable to refill the appointment your deposit will be nonrefundable. If you cancel day of or no show your appointment, your deposit will be nonrefundable.

Please understand that when you forget to cancel your reservation in time, we miss the opportunity to fill that appointment with another guest on our wait list.

SERVICE CHARGE

For your convenience, a 22% service charge will be added to each Spa service. The service charge is dispersed to the Spa staff members who serve you during your visit. Additional gratuity for exemplary service is discretionary.

ARRIVAL

You are encouraged to arrive 30 minutes prior to your scheduled robed service so that you may enjoy an unhurried, stress free check-in and to enjoy the exclusive facilities. We regret to inform you that late check-ins will result in an abbreviated service. The Spa facilities are only available to guest receiving robed services, which include massages, facials and body treatments.

GENERAL INFORMATION

SPA USE AND ADMISSIONS

Spa guests must be 18 years of age or older to receive robed spa services and use the Spa amenities. Use of Spa amenities are available to guests receiving robed services, which include massages, facials and body treatments. Please contact Spa Reservations for any questions or pricing.

SPA ETIQUETTE

So that an atmosphere of relaxation can be maintained, and as a courtesy to other spa guests, we ask that all electronic devices (cameras, cell phones, laptops, tablets, etc.) be silenced or turned off while in the Spa. The Spa is a smoke-free environment.

MEDICAL CONDITIONS

So we may perform your service safely and effectively, please inform us of any medical conditions or other special needs that require our attention when making your Spa reservation. Please note, expecting mothers must be 12 weeks or more to receive a massage or body service. If you have undergone any recent surgeries you must be 6 weeks post-op to receive any robed services.

SPA ATTIRE

Complimentary use of Spa robes and slippers is provided to all guests receiving robed services, which include massages, facials and body treatments. For your privacy, professional draping is performed throughout the duration of your service. Swimwear is required at the outdoor hydrotherapy pool.

DAY PACKAGES

Looking for a day package? Create your own by choosing 3 or more spa services and receive a 15% discount on your customized package.

Each service must be at least 60 minutes and include one robed service

MASSAGE TREATMENTS

PONTE VEDRA SIGNATURE MASSAGE

This signature massage offers a ***customized*** experience by utilizing softly scented aromatic oils and skillful massage techniques. Whether you prefer gentle strokes or deep kneading, this massage allows you to determine your individual needs. *60 and 90 minutes*

AROMATHERAPY MASSAGE

Ease away the day's stresses, strains and bring body and mind back into balance. This traditional aromatherapy massage uses the powers of essential oils and carefully applied pressure to stimulate the nervous system while promoting mental and physical relaxation. *60 and 90 minutes*

THERAPEUTIC SPORTS MASSAGE

A revitalizing massage designed to promote flexibility, increase circulation and stimulate the muscles. Using a combination of therapeutic techniques and full spectrum CBD products, this treatment will help in muscle recovery. *60 and 90 minutes*

MATERNITY MASSAGE

Increase circulation, soothe muscles and lessen water retention with this gentle massage centered around the lower back, hips, shoulders and feet. (expecting mothers must be 12 weeks or more; sideline techniques used; and deep work not administered). *60 minutes*

PINK HIMALAYAN STONE MASSAGE

Pink Himalayan Salt stones produce negative ions and create a deeper self of wellbeing by detoxifying and increasing the alkalinity of your body. The stones are warmed and used as an extension of your therapist's hands to deliver a truly unforgettable massage. *60 and 90 minutes*

SIGNATURE MASSAGE CEREMONIES

BODY IN BALANCE

Your journey begins with a full body scrub to invigorate and replenish the skin. Your voyage continues with a 60 minute full body massage using full spectrum CBD products which will increase circulation and stimulate the muscles. For the finale, you will be wrapped in a hydrating cocoon of warm shea butter and CBD, while receiving a revitalizing hot oil scalp massage to create a Zen state of relaxation and balance. *120 minutes*

THE PONTE VEDRA OASIS

Escape to your own Oasis with this relaxing and revitalizing body ritual. Enjoy an application of a warmed, exfoliating toning serum. A second exfoliating massage softens the skin and invigorates the body. A foot massage based on reflexology revives vital energy complete with a full body massage of melted aromatic Shea Butter bringing blissful relaxation. *90 minutes*

THE FLORIDA RITUAL

Discover Florida's secret for beautiful skin with the scent of sweet orange honey. Begin with a full body exfoliation enriched with plant botanicals, organic oils, and pure Florida honey. A scalp massage follows using warm Moroccan Oil to nourish both the scalp and hair. Reach a depth of pure relaxation with a 60 minute full body massage. *90 minutes*

THE ISLAND ESCAPE

Feel your body escape to the tropical island when you are hypnotized by the relaxing aromas of island breeze and coconuts. Your voyage begins with a full body exfoliation using a coconut sugar scrub. Next, you will receive a scalp massage using warm Moroccan Oil to nourish both the scalp and hair. A relaxing 60-minute full body massage completes your journey-into a tranquil state of mind. *90 minutes*

TRANQUIL RETREAT

Your body will be polished using pure Florida Honey and Organic Cane Sugar that will you refreshed, relaxed, and revitalized. Following is a scalp massage using warm Moroccan Oil to nourish both the scalp and hair. Rehydrate with a 60 minute body massage using a rich Vitamin E body butter. *90 minutes*

BODY TREATMENTS

QUENCH BODY POLISH

Invigorate and replenish the skin in this full-body exfoliation of sugar, sea salt and your choice of softly scented oil. An ultra-hydrating application of shea butter, vitamin E and Jojoba oil will seal in moisture. *60 minutes*

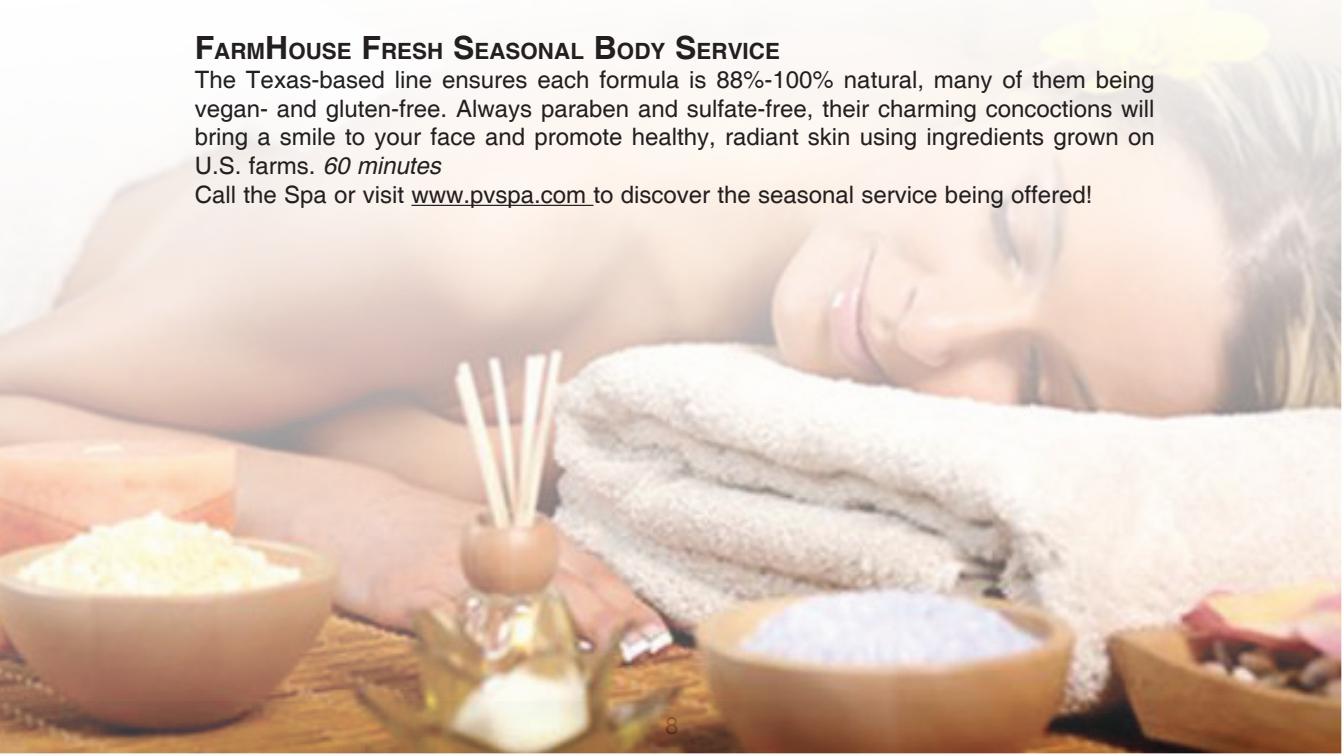
NATURAL GROUNDING WRAP

Dull, lackluster skin gets a micro buff and flawless makeover with this dual-action body wrap. First, a powdered volcanic pumice polishes your skin smooth. You will then be wrapped with a Red Arizona Clay that will soothe and tone the skin. While wrapped you will be grounded with a scalp massage finishing with an application of a barley extract and almond oil nectar blend for total hydration. *60 minutes*

FARMHOUSE FRESH SEASONAL BODY SERVICE

The Texas-based line ensures each formula is 88%-100% natural, many of them being vegan- and gluten-free. Always paraben and sulfate-free, their charming concoctions will bring a smile to your face and promote healthy, radiant skin using ingredients grown on U.S. farms. *60 minutes*

Call the Spa or visit www.pvspa.com to discover the seasonal service being offered!



AESTHETIC TREATMENTS

PONTE VEDRA ESSENTIAL FACIAL

A classic deep cleansing facial personally tailored to meet your skin's needs. Whether you have dry, sensitive, oily or acne prone skin, your concerns are addressed and improved in this results-oriented facial. *60 minutes*

MEN'S ESSENTIAL FACIAL

Created to answer the needs of a man's skin; this energizing deep cleansing treatment combines volcanic rock to detoxify the skin and hyaluronic acid to replenish. An exclusive and tailor made solution that combines relaxation and efficiency for more resilient skin and a flawless complexion. *60 minutes*

FARMHOUSE FRESH SEASONAL FACIAL

The Texas-based line ensures each formula is 88%-100% natural, many of them being vegan- and gluten-free. Always paraben and sulfate-free, their charming concoctions will bring a smile to your face and promote healthy, radiant skin using ingredients grown on U.S. farms. *60 minutes*

Call the Spa or visit www.pvspa.com to discover the seasonal service being offered!

HAIR REMOVAL

Facial Waxing • Dermaplaning • Brow Shaping • Leg • Arm • Back • Underarm • Bikini

SPECIALTY AESTHETIC TREATMENTS

THE COLLAGEN CEREMONY

The skin, like a diamond, is precious and deserves to be cared for with pure and effective products. This luxury facial treatment, utilizing photo luminescent diamond powder and pure native collagen will subdue the visible signs of aging. This intensive treatment cocoons and quenches the skin minimizing the appearance of fine lines and wrinkles delivering unparalleled radiance and illumination. *100 minutes*

DIAMOND TOME SKIN RESURFACING FACIAL

A microdermabrasion treatment that resurfaces the skin and provides instant results! This facial effectively minimizes the appearance of fine lines and wrinkles, while improving skin tone and texture and stimulating collagen synthesis. Not suitable for red or sensitive skin types. *60 minutes*

ANTI-AGING FACIAL

Mask the signs of aging with this luxurious clinical facial which acts as a wrinkle corrector by utilizing a combination of peptides and retinol. After one treatment, lines are relaxed and skin is plumper and exquisitely rejuvenated. *75 minutes*

HYDRA FACIAL®

The newest HydraFacial® Machine the Syndeo uses vortex-fusion technology to gently refresh and revive any skin type. The HydraFacial® cleanses, exfoliates, extracts and then hydrates the skin. This facial improves the appearance of fine lines and wrinkles, hydration, texture, elasticity and pore size. We offer 3 different HydraFacial® services, Signature (*60 minutes*), Deluxe (*75 minutes*) and the Platinum (*90 minutes*).

SPECIALTY AESTHETIC TREATMENTS

SEA C SPA FACIAL

A powerful antioxidant treatment for photo-damaged skin that combines pure Vitamin C and seaweed to brighten the complexion, reduce fine lines and wrinkles and boost the skin's natural defenses. *75 minutes*

ALPHA BETA DELUXE FACIAL

An intensive peel treatment suitable for all skin types that reduces fine lines and wrinkles, minimizes pores, fights blemishes and clarifies dark spots. Benefits include a smoother, brighter, more youthful and clearer complexion. *60 minutes*

DERMAPLANING FACIAL

Dead skin cells will be removed by a Lactic peel following a full Dermaplaning Treatment. Your skin will feel supple after a marine hyaluronic mask plumps up the skin. You will leave with instant improvement in skin texture and tone, while the long-term effects are increased cell turnover, fewer wrinkles and dark spots, reduction of acne scarring, and the removal of fine facial hair. *60 minutes*

VITALIZE PEEL

A medical peel by SkinMedia that utilizes alpha and beta hydroxy acids and retinoic acid to decrease fine lines, wrinkles and pores; diminish hyperpigmentation and stimulate collagen synthesis. Notice visible improvement after just one treatment. For best results, a series of 3-6 treatments is recommended. *30 minutes*

HANDS & FEET THERAPY

PONTE VEDRA SPA MANICURE & PEDICURE

Our classic manicure and pedicure are designed to nourish skin and nails. These luxurious treatments offer a customized experience with your choice of softly scented oil. An exfoliating scrub and warm shea butter mask and a soothing massage will have your hands and feet looking fabulous. *Manicure-60 minutes, Pedicure-60 minutes*

THE FLORIDA PEDICURE

Discover Florida's secret for beautiful skin with the scent of sweet orange honey. Your service will begin with a sugar scrub enriched with plant botanicals, organic oils, and pure Florida honey. Your legs will be nourished and massaged with a butter rich in Vitamin E, and C, plus Japanese Green Tea to help combat free radicals. *60 minutes*

ANTI-AGING GUAVA MANICURE AND PEDICURE

Hands or feet are placed to soak in a milk bath made with pure coconut milk and exotic nut oils to soften and hydrate. A natural raw cane sugar rub exfoliates the skin and a Guava Body Butter masque rich in vitamin C is applied to hydrate and nourish the skin. Warmed hydrating lotion is then applied to relax and relieve muscle tension. *Manicure-60 minutes, Pedicure-60minutes*

GEL MANICURE

This service delivers long-lasting, beautifully polished nails that wear flawlessly with a high gloss shine. It looks natural and it provides strong protection against the most rigorous of activities. A soothing hand and arm massage will enhance this treatment. *60 minutes*

HANDS & FEET THERAPY

TRANQUIL RETREAT PEDICURE

Let your mind unwind as the calming scent of Lavender drifts you into complete relaxation. Your body will be polished using pure Florida Honey and Organic Cane Sugar that will leave your body and mind refreshed, relaxed, and revitalize. A gentle exfoliation, hydrating mask, and massage cream rich in omegas will hydrate and nourish the skin and calm tired legs and feet. *60 minutes*

FARMHOUSE FRESH SEASONAL PEDICURE

The Texas-based line ensures each formula is 88%-100% natural, many of them being vegan- and gluten-free. Always paraben and sulfate-free, their charming concoctions will bring a smile to your face and promote healthy, radiant skin using ingredients grown on U.S. farms. *60 minutes*

Call the Spa or visit www.pvspa.com to discover the seasonal service being offered

NAIL ENHANCEMENTS

Enhance your nail treatment with any of the following. Price will be added onto the price of each nail service.

- French

- Paraffin

SALON SERVICES

Allow one of our Master Stylists to transform your hair into a work of art. The Salon proudly features the luxury lines of Davines, Moroccan Oil and Goldwell Professional. All color processing includes a blow dry. Pricing for each service varies by hair length, thickness and texture. Please ask one of our Spa Reservationist or your Stylist for a quote prior to your service.

SALON SERVICES

Shampoo & Style
Shampoo, Cut & Style
Men's Cut
Special Occasion Up-Do

SPECIALTY SERVICES

All Over Color
Base Color
Partial Foil
Full Foil
Hair Painting

**Please call for information on Bridal Parties. Consultation strongly recommended prior to special events and new clients.*

SPECIALTY HAIR SERVICES

• Kerasilk Smoothing Treatment* • Keratin Express

**Consultation required for new clients.*

A woman with long brown hair tied back, wearing a white bathrobe, is shown in profile from the chest up. She is holding a tall flute glass of champagne with a strawberry garnish. The background is a bright window with wooden frames, showing a view of greenery outside. The overall mood is relaxing and luxurious.

SPECIALTY TREATMENTS

3D MICRO BLADING

This innovation method consists of manually drawing 3D hair strokes directly on the skin's surface using a specially designed tool along with all-natural color pigment.

Call for pricing.

LASH EXTENSIONS

Lash Extensions are a glamorous new way to extend the length and thickness of natural eyelashes. Each lash is individually applied to your natural lash creating a natural and effortless look. Each full set includes a home care kit of lash wipes, mascara and lash brush.

SPA FOR TWO

The Spa at Ponte Vedra Inn & Club features two Couple's Suites. Each suite is furnished with comfortable furniture, two treatment beds, a full Jacuzzi bath, a steam room, bathroom and private outdoor patio. A glass of wine or champagne will enhance each couple's journey! A 22% service charge will be added to each package price.

THE COUPLE'S MASSAGE

Enjoy a full body Signature Massage for two in the privacy of your own suite. This journey, using your choice of softly scented oils, features an aromatherapy steam and soak to detoxify and soothe the body. *2 hours (60 minute massage), 2.5 hours (90 minute massage)*

THE COUPLE'S OASIS

Your voyage to your own private Oasis starts with a 30 minute aromatherapy soak for two in your own private suite. The journey commences with the application of a warmed, exfoliating toning serum with soft notes of pear. A second exfoliating massage softens the skin and invigorates the body. A unique foot massage based on reflexology revives vital energy complete with a full body massage of melted aromatic Shea Butter bringing blissful relaxation. *2 hours (30 minute soak and 90 minute service)*



CELEBRATION PACKAGES

Enhance a special occasion at The Spa with one of the following celebration packages:

A 20% service charge and tax will be added to each celebration package.

A TOAST TO YOU

- Glass of Champagne
- Three Chocolate Covered Strawberries

ELEGANT WISHES

- Delicious Cheese Tray for One
- Glass of Champagne
- Three Chocolate Covered Strawberries

Celebration Packages must be booked 24 hours in advance.

SPA CAFÉ

Since you're being good to your skin, why not do the same for your stomach? With selections like salads, fish and gluten-free dishes, our Spa Café is the ideal spot for when you're craving great taste without the fat. Stop in after your session and see what we're serving up. The Spa Café is open only to those receiving Spa services. The poolside Cabana is open seasonally (weather permitting). *For the safety and well-being of our guests, outside food and beverages are not permitted in the Spa.*

SPA PROFILE

Here's a glimpse at the award-winning features of The Spa at the Ponte Vedra Inn & Club:

- Single story 30,000 sq. ft. structure situated on three acres overlooking golf course
- Sophisticated and contemporary interiors blending natural materials, fabrics and textures
- Elegant registration lobby accented with mahogany and limestone
- Waterfalls and water sculptures designed to create a calm and soothing environment
- Oversized relaxation lounge with comfy chairs and couches
- More than 100 pampering and beauty services
- Twenty-three treatment rooms
- Private spa suites for couples
- Lash & Brow Studio
- Hair salon & Nail salon
- Spa Café featuring nutritious fare
- Locker rooms each with steam, sauna and hot tub
- Heated outdoor pool, therapy grottos, poolside lounging and dining cabana
- Retail boutique offering popular skin care and gift products
- A professionally trained and licensed staff skilled in spa therapy





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